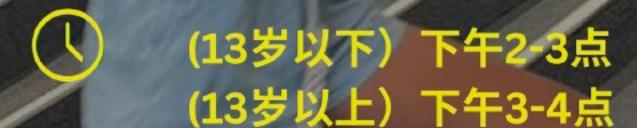
## 五周自卫防身术课程

学习快速有效的自卫技巧,确保您及家人的安全



毎周プ 23年2月11日-23年3月11日 报名请扫描 二维码

56 Taylor Road, Forrestdale WA 6112 \*\*Armadale市 市民优先录取









## 教练:

梁广权师傅

关注我们:

梁广权師傅在西澳教授武术已经30多 年。他是西澳周舘仁義堂国术学院的院 长。近十年来推广禅武文化。他是一所小 学的正式武术教师。







欲了解更多详情,请发送电子邮件至 info@culturecarewa.org.au

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## Free 5-Week Self Defence Sessions

Learning fast and effective self-defence techniques that will keep you and your loved ones safe



Every Saturday, 11 Feb 23 - 11 Mar 23



56 Taylor Road, Forrestdale WA 6112



2-3 pm (under 13 years old) 3-4 pm (above 13 years old)



Scan QR code to register

\*\*Priority to residents in the City of Armadale

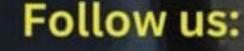


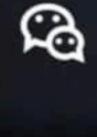


Instructor: Master Luong

Master Luong has been teaching Martial Arts in Western Australia for over 30 years, and promoting ChanWu culture for over a decade. He is the Principal of Chow Kwoon Yarn Yee Tong Kung Fu Academy. He is the official coach of Martial Arts in a local primary school.









For more details, please email us at info@culturecarewa.org.au

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